

Winter/ Spring Lessons

We plan on offering Group Lessons this Winter and Spring. Private lessons offered will depend on staffing. We are currently looking for individuals to teach group and private swimming lessons. If interested, please contact Alex Meyers @ ameyers@cityofpella.com

March Registration: Wednesday March 22 starting at 7:00am.

March lessons March 28-April 20

(May lessons to be determined)

Lessons available are dependent on staffing. We are currently hiring Lifeguards and Instructors!

Group lessons are maximum of 6 children and are 8 classes 40 minutes long. Lessons will be held at the Indoor Pool TUESDAYS & THURSDAYS

9:00-9:40am	9:45-10:25am	5:30-6:10pm	6:15-6:55pm	7:00-7:40pm
Ages 3-6	Ages 3-6	Ages 3-6	Ages 3-6	Ages 7-12
Preschool Level 1 (Starting level)	Preschool Level 1 (Starting level)	Preschool Level 1 (Starting level)	Preschool Level 1 (Starting level)	Level 1 (Starting level)
Preschool Level 2		Preschool Level 2	Preschool Level 2	Level 2
		Preschool Level 3/4	Level 3/4	

Signing up for the right class: Group Lessons

Preschool Levels are for ages 3-6: Each child must be at least 3 years old before the first class to register.
Preschool Level 1 (Class Level: Pre-School) The skills taught in Pres school level 1 consist of: submerging the face, blowing bubbles, bobbing, maintain a front float and back float position. Jumping into water with assistance. front crawl, front and back glides, and elementary backstroke. Child will wear a float belt with 2 floaties to help with swim strokes. Instructor will be in the water at all times. (If your child(ren) have not had lessons this is the starting level.)

Preschool Level 2: (Class Level: Pre-School- Beginner) The skills taught in Pre School Level 2 consist of: submerging entire head, blowing bubbles, bobbing, jumping into the water with or without assistance. Front and back float, front and back glide, front crawl, and elementary backstroke. Child must be able to place face in water and show some understanding of swimming skills. Child will wear a float belt with 1 floatie to help with swim strokes. Instructor will be in the water at all times. Each child must be at least 3 years old before the first class to register. (Must pass Preschool Level 1 or have had some lessons in the past)

Preschool Level 3/4: (Class Level: Beginner-Advanced Beginner) The skills taught in Pre School Level 3/4 consist of: jumping into water without assistance, bobbing with the head submerged, front and back float, front and back glide, front crawl with introduction of rhythmic breathing, back crawl, and elementary backstroke. Child must be able to swim 12.5 meters (halfway across pool) without a float belt. Instructor will be in the water at all times. (Must pass Preschool Level 1 and 2 or be able to swim 12.5 meters with little to no assistance.)

Level Classes for Ages 7-12: Each child must be at least 7 years old before the first class to register.

Level 1: (Class Level: Beginner) The skills taught in Level I consist of: submerging the face, bobbing, maintain a front float and back float position. Jumping into water with or without assistance. Front and back crawl, front

and back glides, and elementary backstroke. Instructor will be in the water at all times. Child will not wear any type of floatation device. (If your child(ren) has not had lessons this is the starting level.)

Level 2: (Class Level: Beginner- Advanced Beginner) The skills taught in Level 2 consist of: submerging entire head, bobbing, jumping into the water without assistance. Front and back float, front and back glide, front crawl, and elementary backstroke. Child must be able to place face in water and show some understanding of swimming skills. Child will not wear any type of floatation device. Child must be able to swim 12.5 meters (halfway across pool) without assistance. Instructor will be in the water at all times (Must pass Level 1 or Pre School-Level 1 or have had some lessons in the past)

Level 3: (Class Level: Advanced Beginner-Intermediate) The skills taught in Level 3 consist of: jumping into water without assistance, bobbing with the head submerged, front and back float, front and back glide, elementary backstroke, front crawl with introduction of rhythmic breathing, breast stroke, sidestroke and butterfly. Child must be able to swim 25 meters (length of pool) without assistance. This class will be taught in deep end of pool. Instructor may be in and out of the water to observe correct swimming skills. (Must pass Level 1 and 2 or Pre School Level 1,2 and 3 or be able to swim 25 meters with no assistance.

Level 4: (Class Level: Intermediate-Advanced) The skills taught in Level 4 consist of: Front crawl with rhythmic breathing, backstroke, elementary backstroke, treading water, surface dive and underwater swimming and, breaststroke, sidestroke, and butterfly. Child must be able to swim 50 meters (length of pool down and back) without a float belt or assistance. Instructor may be in and out of the water to observe correct swimming skills. This class will be taught in deep end of pool. (Must pass Level 1, 2, and 3 or Pre School-Level 1,2,3, and 4 or be able to swim 50 meters with no assistance.)

Please contact Alex Meyers, Aquatic Manager at ameyers@cityofpella.com if you have any questions regarding what level you should register for your child.

Pricing:

Resident With a Pass	Resident Without a Pass	Non-Resident With a Pass	Non Resident Without a Pass
\$24.00	\$44.00	\$30.00	\$54.00

Registration:

https://cityofpella.activityreg.com/ClientPage_t2.wcs

Classes do fill quickly! You must be logged into your account to register. Please double check you are registering for the right class and are registering the right child(ren) The classes do have age restrictions. You will not be able to move classes. If classes are full, please sign up for the waitlist. If a spot becomes available, we will contact you.

How to register online:

If you currently have a membership or have used our online system but have not received a password for your online account, please call 641-628-1882.

1. Please click [Create a new Account] if you have not used any Community Services Programming before. Please click [User Login] if have given an email address or call 641-628-1882 if you are unsure what email we have in our system.
2. Whether you are using our services for the first time or if you have previously provided an email address to the Community Services Department you MUST get a new password. Click on [Get a new password]
3. Login: Once you have reset your password, use your email address and new password to login.
4. Update your information: Once you are logged in you will need to update your information by clicking "Account" in the tool bar. From the account information screen
5. Click Submit.

General Information:

- There will not be make-up classes for weather cancellations or absences. Patrons will be notified of cancellations.
- Please arrive dressed in swimsuits.
- Wearing a swim cap during lessons may help decrease wet hair and the need to use a hair dryer before heading out of the building.
- Each caregiver will be required to and remain in balcony during the class.
- If anyone in your household is feeling unwell, we ask that you please stay home. Please notify the Pella Aquatic Center ASAP if your child is unable to attend lessons for any reason.

Private/ Semiprivate Lessons

Below is general information for private lessons: March/April availability coming soon.

- Private Lessons: 1 child 1 instructor**
- Semiprivate Lessons: 2 children 1 instructor (children must be from same household and have similar swimming ability)**
- There is no additional cost to add 1 person for semi-private lessons. (You only need to sign up 1 child for private lessons there will be questions about the 2nd child. If no other child is attending, please put n/a)**

March Private Swim Lessons Availability.

5:30-6:00pm	6:00-6:30pm	6:30-7:00pm	7:00-7:30pm
1 lesson (beginner or advanced beginner)	1 lesson (beginner or advanced beginner)	1 lesson (beginner or advanced beginner)	1 lesson (intermediate or advanced)

Beginner: The skills taught in Beginner Private, or Semi Private Lessons consist of: submerging the face, blowing bubbles, bobbing, maintain a front float and back float position. Jumping into water with assistance. front crawl, front and back glides, and elementary backstroke. Child will wear a float belt with 2 floaties if ages 3-6 to help with swim strokes. Instructor will be in the water at all times. (If your child(ren) have not had lessons this is the starting level.)

Advanced Beginner :The skills taught in Advanced Beginner Private or Semi Private Lessons :submerging entire head, blowing bubbles, bobbing, jumping into the water with or without assistance. Front and back float, front and back glide, front crawl, and elementary backstroke. Child must be able to place face in water and show some understanding of swimming skills. Child will wear a float belt with 1 floatie if ages 3-6 to help with swim strokes. Instructor will be in the water at all times.

Intermediate : The skills taught in Intermediate Private or Semi Private Lessons : jumping into water without assistance, bobbing with the head submerged, front and back float, front and back glide, front crawl with introduction of rhythmic breathing, back crawl, and elementary backstroke. Child must be able to swim 12.5 meters (halfway across pool) with no assistance. Instructor will be in the water at all times.

Advanced: The skills taught in Advanced Private or Semiprivate Lessons: This Level is for stroke work assistance. Front crawl with rhythmic breathing, backstroke, elementary backstroke, treading water and, introduction to breaststroke, sidestroke, and butterfly. Child must be able to swim 25 meters (length of pool) without a float belt or assistance. Instructor may be in and out of the water to observe correct swimming skills.

Private & Semi Private Swim Lessons with pass (resident)	\$50.00
Private & Semi Private Swim Lessons with pass (non-resident)	\$60.00
Private & Semi Private Swim Lessons with out pass (resident)	\$65.00
Private & Semi Private Swim Lessons with out pass (non-resident)	\$75.00

Registration:

https://cityofpella.activityreg.com/ClientPage_t2.wcs

Classes do fill quickly! You must be logged into your account to register. Please double check you are registering for the right class and are registering the right child(ren). There is no waitlist offered for private swim lessons.

How to register online:

If you currently have a membership or have used our online system but have not received a password for your online account, please call 641-628-1882.

1. Please click [Create a new Account] if you have not used any Community Services Programming before. Please click [User Login] if have given an email address or call 641-628-1882 if you are unsure what email we have in our system.
2. Whether you are using our services for the first time or if you have previously provided an email address to the Community Services Department you MUST get a new password. Click on [Get a new password]
3. Login: Once you have reset your password, use your email address and new password to login.
4. Update your information: Once you are logged in you will need to update your information by clicking "Account" in the tool bar. From the account information screen
5. Click Submit.

General Information:

·There will not be make-up classes for weather cancellations or absences. Patrons will be notified of cancellations.

·Please arrive dressed in swimsuits.

·Wearing a swim cap during lessons may help decrease wet hair and the need to use a hair dryer before heading out of the building.

·Each caregiver will be required to and remain in balcony during the class.

·If anyone in your household is feeling unwell, we ask that you please stay home. Please notify the Pella Aquatic Center ASAP if your child is unable to attend lessons for any reason.