

September/October Swim Lesson Information:

We will only be offering Group Lessons this session. We are currently looking for individuals to teach private swimming lessons. If interested, please contact Alex Meyers @ ameyers@cityofpella.com

Registration is Wednesday September 7 at 7:00am. Registration is Online Only (please view below for more detailed information)

Lessons available are dependent on staffing. We are currently hiring Lifeguards and Instructors!

Lessons will be held at the Indoor Pool TUESDAYS & THURSDAYS September 13-October 6

9:00-9:40am	9:45-10:20am	5:30-6:10pm	6:15-6:55pm	7:00-7:40pm
Ages 3-6	Ages 3-6	Ages 3-6	Ages 3-6	Ages 7-12
Preschool Level 1 (Starting level)	Preschool Level 2	Preschool Level 1 (Starting level)	Preschool Level 1 (Starting level)	Level 1 (Starting level)
		Preschool Level 2	Preschool Level 2	Level 2
		Preschool Level 3/4		

Signing up for the right class:

Preschool Levels are for ages 3-6: Each child must be at least 3 years old before the first class to register.

Preschool Level 1(Class Level: Pre-School) The skills taught in Pres school level 1 consist of: submerging the face, blowing bubbles, bobbing, maintain a front float and back float position. Jumping into water with assistance. front crawl, front and back glides, and elementary backstroke. Child will wear a float belt with 2 floaties to help with swim strokes. Instructor will be in the water at all times. (If your child(ren) have not had lessons this is the starting level.)

Preschool Level 2: (Class Level: Pre-School- Beginner) The skills taught in Pre School Level 2 consist of: submerging entire head, blowing bubbles, bobbing, jumping into the water with or without assistance. Front and back float, front and back glide, front crawl, and elementary backstroke. Child must be able to place face in water and show some understanding of swimming skills. Child will wear a float belt with 1 floatie to help with swim strokes. Instructor will be in the water at all times. Each child must be at least 3 years old before the first class to register. (Must pass Preschool Level 1 or have had some lessons in the past)

Preschool Level 3/4: (Class Level: Beginner-Advanced Beginner) The skills taught in Pre School Level 3/4 consist of: jumping into water without assistance, bobbing with the head submerged, front and back float, front and back glide, front crawl with introduction of rhythmic breathing, back crawl, and elementary backstroke. Child must be able to swim 12.5 meters (halfway across pool) without a float belt. Instructor will be in the water at all times. (Must pass Preschool Level 1 and 2 or be able to swim 12.5 meters with little to no assistance.)

Level Classes for Ages 7-12: Each child must be at least 7 years old before the first class to register.

Level 1: (Class Level: Beginner) The skills taught in Level I consist of: submerging the face, bobbing, maintain a front float and back float position. Jumping into water with or without assistance. Front and back crawl, front and back glides, and elementary backstroke. Instructor will be in the water at all times. Child will not wear any type of floatation device. (If your child(ren) has not had lessons this is the starting level.)

Level 2: (Class Level: Beginner- Advanced Beginner) The skills taught in Level 2 consist of: submerging entire head, bobbing, jumping into the water without assistance. Front and back float, front and back glide, front crawl, and elementary backstroke. Child must be able to place face in water and show some understanding of swimming skills. Child will not wear any type of floatation device. Child must be able to swim 12.5 meters

(halfway across pool) without assistance. Instructor will be in the water at all times (Must pass Level 1 or Pre School-Level 1 or have had some lessons in the past)

Please contact Alex Meyers, Aquatic Manager at ameyers@cityofpella.com if you have any questions regarding what level you should register for your child.

Pricing:

Resident With a Pass	Resident Without a Pass	Non-Resident With a Pass	Non Resident Without a Pass
\$24.00	\$44.00	\$30.00	\$54.00

Registration:

Classes do fill quickly! You must be logged into your account to register. Please double check you are registering for the right class and are registering the right child(ren) The classes do have age restrictions. You will not be able to move classes. If classes are full, please sign up for the waitlist. If a spot becomes available, we will contact you.

How to register online:

If you currently have a membership or have used our online system but have not received a password for your online account, please call 641-628-1882.

1. Please click [Create a new Account] if you have not used any Community Services Programming before. Please click [User Login] if have given an email address or call 641-628-1882 if you are unsure what email we have in our system.
2. Whether you are using our services for the first time or if you have previously provided an email address to the Community Services Department you MUST get a new password. Click on [Get a new password]
3. Login: Once you have reset your password, use your email address and new password to login.
4. Update your information: Once you are logged in you will need to update your information by clicking "Account" in the tool bar. From the account information screen
5. Click Submit.

General Information:

·There will not be make-up classes for weather cancellations or absences.

·Please arrive dressed in swimsuits.

·Wearing a swim cap during lessons may help decrease wet hair and the need to use a hair dryer before heading out of the building.

·Each caregiver will be required to and remain in balcony during the class.

·If anyone in your household is feeling unwell, we ask that you please stay home. Please notify the Pella Aquatic Center ASAP if your child is unable to attend lessons for any reason.